B@EASE ICU Percutaneous Tracheostomy Insertion Checklist

Equipment

Bedside airway kit

B

E

Video & Direct Laryngoscopes Tracheal tubes x 2 Supraglottic airway device(s) Suction, Facemask, Adjuncts Bougie, Bag-valve-mask Bedside bronchoscopic kit Bronchoscope adapter / port Monitor visible to all Bedside tracheostomy kit Percutaneous insertion kit Limited surgical kit Sutures & dressings Tube selection Available equipment & staff Advanced airway & FONA Surgeon (who, how to call) Diathermy, light, haemostasis Drugs & IV access Local Anaes +/- adrenaline Sedation / analgesia / paralysis Emergency drugs available Monitoring End-tidal CO₂ BP / IABP, ECG, SpO₂ with sound Timer visible

Airway / Anaesthesia Prepare the patient

Positioning

Elevate shoulders Extend neck Support head

Ultrasound neck Identify trachea, vessels, depth

Feeding Stop / aspirate enteral feed

Ventilation

100% Oxygen Adjust settings and alarms Consider: VCV, increase P insp, 1:1

Haemodynamics Agree upper & lower BP limits Agree who will monitor Agree actions if BP high/low

Check Clotting result Anticoagulants & Antiplatelet Rx Consent completed appropriately Relatives aware

Staff Prepare the team

Introductions & roles

Team leader

Ideally not operator Situational awareness: Vital signs monitor Directs staff Notes the time

Airway operator

Airway assistant

Tracheostomy operator

Runner

Additional staff Second tracheostomy operator Second airway operator Tracheostomy surgeon

Ensure contact methods are clear

Emergency Plan Prepare for difficulty

Known / anticipated difficult airway

Verbalise airway plan

Re-position or replace tracheal tube VL or DL

Hyperinflate cuff and secure tube

- Verbalise re-intubation plan
- Verbalise failed re-intubation plan Plan B/C

Plan D FONA / tracheostomy Tracheal tube insertion may require digital guidance via the stoma following tracheotomy

Verbalise tracheostomy plan Key steps Bronchoscopic / ETCO, confirmation

Suction prior to first ventilation

Verbalise failed tracheostomy plan How many attempts When / who to call for help Plan for bleeding

Plan for failure to insert trachy tube

Emergency contacts: Anaesthesia 439 ICU 942 Cardiac Anaesthesia 940 Obstetric Anaesthesia 782

B@EASE ICU Percutaneous Tracheostomy Documentation

Complete the sections on both sides. Each checklist statement requires a Yes, No, Not Applicable, or Discussion within the team

Sign In	Time Out	Sign Out
Patient details (check ID) Name: Hospital number:	Complete B@EASE checklist overleaf Team leader	Return patient to standard post-procedural position Describe tracheostomy tube tip position Distance from carina Adjustable flange (if applicable) Orientation
Date & Time: Indication for tracheostomy	Tracheostomy operator	Describe any complications
Baseline: FI O2 PEEP	Airway operator	Securing the tube: Ties Sutures (with removal plan)
P insp Tidal Volume Check allergies: Local anaesthetic Cleaning (lodine / chlorhexidine)	Responsible clincian name / sign	Inner cannula insertedThromboprophylaxis orCuff pressure checkedAnticoagulation planReview vent settingsBedhead sign completeSedation planChest X-Ray? Add notes

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